

**Outreach youth** is a voluntary youth led project that supports and works with young people aged 13 – 19 years who are gay, lesbian, bisexual, transgender or questioning their sexuality (GLBTQ).

## Contact Us

### phone:

07895 342 202

### visit our website:

[www.outreachyouth.org.uk](http://www.outreachyouth.org.uk)

### or e-mail:

[outreachyouth@hotmail.com](mailto:outreachyouth@hotmail.com)



supporting and working with gay, lesbian, bisexual, transgender  
and questioning young people across Suffolk

## Outreach youth believes that 'Every GLBTQ Youth Matters'

Outreach youth works to meet the needs of individual and groups of GLBTQ young people – the project helps young people to:

- Be themselves
- Have fun
- Build positive self image and self confidence
- Develop various knowledge, skills and awareness
- Understand and challenge homophobia
- Advocate on behalf of themselves and other GLBTQ young people
- Make informed choices

## Outreach youth provides regular sessions in

● Ipswich ● Bury St Edmunds ● Lowestoft

Plus occasional drop in sessions in other parts of Suffolk and East Anglia

The project sessions offer a safe, supportive and friendly space where GLBTQ young people can:

- chill out
- socialise and make new friends
- support each other
- take part in activities
- access information
- chat to experienced gay and lesbian youth workers
- be involved in all aspects of the projects work
- and most importantly be themselves.

for dates and details of the Outreach youth project sessions check out our website or contact us by e mail, phone or text.

## Outreach One To One

The project is also able to meet young people who are at an early stage of acknowledging their sexuality, but don't feel able to or don't want to come along to an Outreach session, on a one to one basis.

These meetings take place in youth friendly places and involve both a young person from Outreach and a youth worker.

## 'Every GLBTQ Youth Matters'

Outreach youth is committed to ensuring that all GLBTQ youth matter and through its work contributes to the five Every Child Matters outcomes

- Stay Safe
- Be Healthy
- Enjoy and Achieve
- Make a Positive Contribution
- Achieve Economic Well Being

Outreach youth is involved in working with youth groups, schools, voluntary services, other professionals, the police and statutory services to raise awareness and provide training around the experiences of GLBTQ young people and the impact of homophobia.

Outreach youth is youth led and GLBTQ young people are at the centre of all Outreach youth projects – through initiating ideas, activities and campaigns to attending the Outreach youth panel which meets regularly to inform, direct and monitor the projects work.

Outreach youth welcomes all GLBTQ young people regardless of race, religion, national and ethnic origin, gender, age, disability, HIV status, marital status, social class, income level, responsibility for dependents, appearance or criminal record.

Outreach youth services are confidential and operate within the projects Safeguarding Policy to ensure the safety and welfare of all young people and adults involved.

